It is with great pleasure that I begin my official duties as president of the National Academy of Kinesiology, and I look forward to serving the organization well. I would like to begin by personally thanking Cathy Ennis, who has now completed her term as president of NAK, for providing the membership with yet another stellar conference program in Albuquerque, New Mexico. Thanks also to those members who attended the business meeting at this year's conference and engaged in a lively discussion of the proposed changes to the new fellow nomination criteria and process. Based on a careful review of the feedback provided by members, this year's membership committee, led by Jody Jensen (Fellow 507), will craft a new proposal for membership consideration at next year's conference in Crystal City, Washington D.C. Please contact Jody if you have additional feedback you would like to provide relative to the changes proposed at this year's meeting.

As president I am also pleased to announce the formation of a president's committee to explore two issues that I believe are important in further raising the visibility of the academy and the discipline of kinesiology. The first issue relates to examining the feasibility of expanding our current doctoral program review and rankings to master's degree programs in kinesiology; the second issue addresses methods for rating or at least identifying desirable characteristics of undergraduate programs in kinesiology. The leadership of AKA has also expressed
President’s Message

a particular interest in exploring both issues and will shortly appoint representatives from AKA to serve with NAK members on the president’s committee. Thanks to NAK members John Challis (Fellow 492), Kathy Janz (Fellow 506), and Alan Smith (Fellow 522), who have already agreed to serve on this important committee.

In closing, I very much look forward to serving as your president this year and welcome correspondence from members on either issue to be explored by the newly appointed president’s committee or any other issues they feel are important for advancing the mission of the academy.

IMPORTANT DATES

February 1, 2017
New Fellow nomination deadline
Nomination forms can be found on the Website

February 1, 2017
Hetherington Award Nomination deadline
Email nominations to Alyson Wrynn to awrynn@calstate.edu

September 14-17, 2017
2017 Annual Meeting
Hyatt Regency, Crystal City (Arlington, VA)
It is an honor to serve the National Academy of Kinesiology as the incoming president-elect. I have always cherished the history of the academy since I first became acquainted with the organization during my graduate training at Penn State University in the late '70s and early '80s. I had the privilege to study with first-rate scholars such as Dan Landers (Fellow 286), Dorothy Harris (Fellow 259), Bob Christina (Fellow 301), and Peter Cavanagh (Fellow 295) and others with a focus on the psychology of sport while acquiring as much additional information in the biophysical bases of kinesiology as I could handle. Incidentally, the specialization of exercise psychology was in its infant stage at that time, but my curiosity was already engaged in that area too. It was a wonderful environment in which to study—one that was conducive to the multidisciplinary perspective that I embraced and one that was rich in its association with the National Academy of Kinesiology, which instilled in me a great appreciation for the organization. As such, it was so very satisfying to me when I was inducted as Fellow 452 in 2004, and it was rewarding to be chosen subsequently to serve as member at large and as secretary-treasurer. This has allowed me to understand NAK up close and personal. It never ceases to amaze me (and remind me of the great heritage we have in the academy) when I look at the membership list dating back to 1926, with the induction of the initial cohort of Fellows 1 through 10. It was with great pride for me (and a sense of responsibility) when I was given the opportunity to highlight the career and many contributions of R. Tait McKenzie (Fellow 2) when we met in Philadelphia in the location of his primary academic home, the University of Pennsylvania. The academy does indeed have a wonderful ancestry—a priceless part of its identity.

For more than a decade I have enjoyed the annual meeting with its opportunities to learn about developments in our field from such diverse perspectives. As indicated in the title of this column, I believe that the diverse views and backgrounds of the membership are the key element to the success of the academy. Issues of significance to our field, whether in the arena of health or human performance, are typically, if not always, multidimensional. I look forward with enthusiasm to the opportunity to further contribute to the high quality of the annual meetings and hope to further promote dialogue among the fellows to further our collective understanding of human movement. There are so many facets of life that kinesiology affects: the role of exercise and rehabilitation in the mobility challenges of the elderly; understanding the graceful quality of movements in the elite performances of athletes and artists; the impact of the history and social fabric of our culture on physical activity and sport participation; the readiness of first responders and the...
The NAK Annual Meeting to be held in Arlington VA, September 14-17, 2017 will focus on Movement Forms, Function and Skill. The focus will be a contemporary take on some traditional themes of interest to the Academy within this working umbrella theme.

Program development is still underway. Suggestions on sub-themes and speakers are most welcome as are ideas on the format of the meeting.

Please contact me at kmn1@uga.edu. I appreciate all input on making this a successful and interesting conference. Updates will be posted on the NAK website.

Look forward to seeing you all in Arlington.
New Fellows

New Fellows Inducted

Dr. Douglas Casa

Dr. Douglas Casa is a professor of kinesiology, a director of athletic training education, the chief executive officer of the Korey Stringer Institute, and a research associate in the human performance laboratory in the department of kinesiology at the University of Connecticut. His research focuses on hydration, thermal physiology, exercise in the heat, exertional heat illness, and preventing sudden death in sport.

Dr. Casa has authored or coauthored nearly 170 refereed publications in the scholarly literature. He has emerged as one of the nation’s leading authorities on the prevention and treatment of exertional heat illness in competitive and recreational athletes. His scholarship represents the best of clinical and translational research—applying what has been learned in the laboratory setting to the prevention of illness and sudden death in thousands (perhaps millions) of interscholastic, intercollegiate, professional, and recreational athletes across the country and throughout the world.

Dr. Casa is author or coauthor of two books, *Emergency Management for Sport and Physical Activity* and *Preventing Sudden Death in Sport and Physical Activity*. He has chaired eight interassociation task force groups or position statement panels on exertional heat illness and related topics. He has provided hundreds of media communications in the nation’s most prominent newspapers (e.g., *New York Times, Washington Post, Chronicle of Higher Education*), radio programs (e.g., CNN, ESPN, NPR), and television shows (e.g., *Good Morning America, Today Show*).

Dr. Casa’s national prominence as an expert on sudden death and exertional heat illness will render him an outstanding ambassador for the National Academy of Kinesiology.

Dr. Darla Castelli

Dr. Darla Castelli is a professor in the department of kinesiology and health education at the University of Texas at Austin. But her journey began as a physical education teacher in Maine (Augusta and Kennebunk), where she was named AAPHerd State Teacher of the Year in 1995.

She is now a recognized leader in the field of children’s physical activity and its impact on physical and mental health. She has more than 60 publications, including two books and two Institute of Medicine reports, and 60 invited and keynote presentations to her credit. She is the chair-elect of the Research Consortium of Shape, where she is a fellow. She has received the International Young Scholar Award from the International Association of Physical Education in Higher Education, as well as the Hally Beth Poindexter Young Scholar Award from the National Association for
New Fellows Inducted

Kinesiology and Physical Education in Higher Education.

By any measure, Darla Castelli is in the midst of a remarkable career. This career has as its foundation her roots as a physical education teacher. Although she relies on neurological measures of cognitive function in children and adolescents, her interventions have always been informed by her experiences and observations as a teacher. Her teaching prowess has grown from her efforts to develop a love of movement in her students.

Darla has been instrumental in the development of the PhD program in physical education at the University of Texas at Austin. Through her efforts this program has grown into one of the largest graduate programs in the country. She is also leading a reinvention of a new undergraduate program in physical education. Darla Castelli represents the kind of balance in research and application that is the hallmark of the National Academy of Kinesiology.

Dr. George Cunningham is a professor in the department of health and kinesiology at Texas A&M University with a joint appointment in women’s and gender studies at the university’s Transdisciplinary Center for Health Equity Research. His contributions to the scholarly literature are impressive: over 165 peer-reviewed publications, 5 books, 19 book chapters, 19 grants and contracts, 53 published abstracts, 107 national or international presentations, and 28 invited lectures. His book titled Diversity in Sport Organizations was chosen as the Choice Outstanding Academic Title for 2008. This record is all the more remarkable because it was accomplished within a period of 14 years.

Dr. Cunningham has received the most prestigious award given by NASSM—the Earle F. Zeigler Lecture Award (2013)—as well as the Diversity Award from the NASSM diversity committee (2012) and the New Leader Award from Ohio State University (2012). He is a fellow of the Society of Health and Physical Educators, North American Society for Sport Management, the Race and Ethnic Studies Institute, and the SEC Academic Leadership Development Program.
New Fellows

New Fellows Inducted

Dr. J. Larry Durstine is a Distinguished Professor in the Department of Exercise Science at the University of South Carolina. Employed at USC since 1982, Dr. Durstine has served as the Director of the USC Cardiac Rehabilitation Program, Director of the Clinical Exercise Programs, Director of the Animal and Human Research Laboratory, and most recently, he served as Chair for the Department of Exercise Science from 2000-2014.

Dr. Durstine is an international expert in the study of lipid and lipoprotein metabolism and of the effects of exercise on chronic disease outcomes in healthy and diseased adults. An accomplished scientist and sought-after co-investigator, Dr. Durstine has contributed to earning nearly $20 million in grants and contracts from federal agencies and foundations.

Dr. Durstine has published 83 peer-reviewed articles in high impact journals, written 9 books, 36 book chapters, and numerous non-refereed/service publications. He is best known as the lead author on the ACSM’s Exercise Management for Persons with Chronic Diseases and Disabilities, editions 1-4 from 1997 to 2016. An international scholar, Dr. Durstine serves on many editorial boards and he speaks regularly at conferences worldwide.

A fellow and former President of ACSM, Dr. Durstine has been recognized as an outstanding educator and inspiring leader. He has received the USC Excellence in Teaching Award, Faculty Service Award, South Carolina Governor’s Distinguished Professor Award, and the ACSM Citation Award.

Dr. Ellen Evans is Professor in the Department of Kinesiology at the University of Georgia where she coordinates the undergraduate and graduate Exercise Science programs and directs the Center for Physical Activity and Health. Prior to her appointment at the University of Georgia in 2010, she was on the faculty at the University of Illinois at Urbana-Champaign for nine years, and served as Associate Head of the Department of Kinesiology and Community Health. Dr. Evans completed her PhD at the University of Georgia and a post-doctoral fellowship at Washington University-St Louis.

Dr. Evans’ interdisciplinary translational clinical research program has focused on the importance of physical activity and nutrition for optimal body composition as it relates to health status, with a focus on aging and women’s health. She has published over 100 peer-reviewed articles in
New Fellows

New Fellows Inducted

Dr. James Hannon is a Professor and Assistant Dean of Academic Affairs and Research at West Virginia University. His research has focused on pediatric physical activity and fitness measurement.

Dr. Hannon has 100 peer-reviewed research and practitioner articles in print or in press. His manuscripts have appeared in 45 different kinesiology, education, and allied and public health journals such as Perceptual and Motor Skills, Research Quarterly for Exercise and Sport, Journal of School Health, Journal of Strength and Conditioning, and Journal of Teaching Physical Education.

He has over 100 presentations at the state, national, and international levels and received over $3 million in grants/contracts. He is currently the PI on two currently funded multi-year studies in the public school setting.

Dr. Hannon provided excellent service for the profession. He served as President and Vice-president of Utah AAHPED, was recently elected Vice-president of Higher Education for WVAHPERD, and also serves on AKA’s Publication Committee and NAKHE’s Awards Committee.

He has received numerous honors and awards including inducted as a Fellow (2014) of SHAPE America Research Consortium, SHAPE America (2014) Southwest District Scholar Award, and National Association of Kinesiology in Higher Education Distinguished Scholar Award (2015).

Dr. Hannon is an “American Scholar.” Emerson reminds us the role of the scholar is to cheer, to raise, and to guide men by sharing facts amidst appearances. Dr. Hannon is a prolific and distinguished scholar and professional servant.
New Fellows

New Fellows Inducted

Dr. Samuel R. Hodge is a Professor of Kinesiology in the Department of Human Sciences at The Ohio State University. He earned his Ph.D. in Adapted Physical Education with expertise in research methods, statistics, and sport pedagogy.

Dr. Hodge has made extensive contributions in the areas of social justice, diversity and the engagement of persons of color in the profession. His work can be judged in terms of his impact in three specific areas.

First, he has a substantive body of conceptual work directing our attention to the role of persons of color in higher education. Second, he has been active in conducting observational studies assessing the levels of MVPA in underserved populations. Finally, he has a focused line on inquiry in teacher preparation for inclusion in education settings.

He is a prolific author with 115 papers in these areas. He has published widely in journals such as Research Quarterly Exercise and Sport and Adapted Physical Activity Quarterly, but also out of field in the American Behavioral Scientist; and Equity & Excellence in Education.

Dr. Hodge has successfully obtained funding for his research efforts and for evaluation projects measuring physical activity. He has co-authored two textbooks. In the past 5 years, his rate of presentations has been 16 per year with 33 more than a third were invited.

Dr. Hodge serves on five editorial boards including Research Quarterly Exercise and Sport; Adapted Physical Activity Quarterly and Quest. He is also an ad hoc reviewer for 14 journals. Dr. Hodge has mentored many masters and doctoral students. He is an active scholar in the field of Kinesiology.

Thelma Sternberg Horn is a distinguished scholar, mentor, teacher, and professional citizen. She has established an impressive line of programmatic research on how significant others influence the behavior and psychosocial growth of young people in physical activity contexts. A developmental theoretical perspective guides her research, accounting for the physical and psychosocial variations between and within age that affect youth outcomes. Studies have centered on how coaching styles and behaviors influence social and psychological well-being, and she has also contributed substantially to knowledge on parenting styles and gender and physical activity. Her edited book, Advances in sport psychology, is regarded as the premier graduate text in the sub-discipline. The quality and quantity of her theoretical, empirical, and translational articles have established her as an
New Fellows

New Fellows Inducted

Thelma Horn is an expert in the study of social influences and youth outcomes.

Professor Horn has demonstrated competent leadership for professional organizations and scholarly journals. Notable is her outstanding work as Editor, Associate Editor, and Editorial Board Member of *Journal of Sport and Exercise Psychology*. She also serves as associate editor, editorial board member, and reviewer of many journals in kinesiology, sport and exercise psychology, and social psychology. She has served in many leadership roles for the North American Society for the Psychology of Sport and Physical Activity, and has contributed meaningfully to the greater good of many professional societies.

Professor Horn’s academic career is defined by a genuine student-oriented focus. She has published widely with students, has a reputation for exceptionally training them, and they are highly sought after by researchers at doctoral granting universities. The number of master’s theses and research projects she has chaired and served as a member is staggering. For her efforts, Professor Horn has been recognized with awards that highlight the teaching-learning process, including the prestigious Crystal Apple Award from Michigan State, which honors educators representative of excellence and commitment to teaching.

Thelma Horn’s exemplary achievements in scholarship, mentoring, and leadership in professional societies will make her an outstanding Active Fellow. We are confident that she will be passionately engaged in Academy activities and further the goals through sharing her research knowledge and leadership qualities.

Bryan McCullick is professor of kinesiology at the University of Georgia in Athens, where he has coordinated the physical education teacher education program since 1998. His primary areas of expertise are elementary physical education and teacher/coach education.

His research has targeted issues germane to teacher/coach development and teaching/coaching expertise. He has published in the best journals in his field and presented over 70 papers to scholarly societies.

Dr. McCullick has contributed substantially to the professional literature by coauthoring two books, the most recent titled *Enhancing Children’s Cognition with Physical Activity Games*, published by Human Kinetics in 2015, and by publishing numerous book chapters and applied articles for physical educators and coaches.

Dr. McCullick’s leadership activities include serving as an associate editor for
New Fellows

New Fellows Inducted

the *Research Quarterly for Exercise and Sport* and on the editorial boards of seven national and international journals related to physical education and coaching. He has held important offices in a number of national and international associations related to physical education. He was a visiting scholar at University College in Cork, Ireland, and served as a Fulbright specialist scholar with the Gaelic Athletic Association in Dublin. Dr. McCullick is a scholar and leader whose activities have advanced the field of kinesiology.

Dr. Mary E. Rudisill is a professor and the director of the School of Kinesiology at Auburn University. She is a researcher highly respected for both her productivity and the quality of her work. Her publications populate the premier journals of her field. She is arguably the foremost authority on mastery climate interventions for preschool children.

Importantly, Dr. Rudisill has made a broad impact through educational outreach, from the local level to the international scene. She was named an Outstanding Woman of Lee County, Alabama, by Early Childhood Advocates in 2006. She has been intimately involved with Auburn Day Care since 2007 and has served on its board of directors for the past five years. At the national and international levels, Dr. Rudisill has played a key role in kinesiology; for example, she is currently president of the American Kinesiology Association, and she was an invited senior lecturer at NASPSPA this year. She discovers new ideas through her research, and she intervenes in real-world situations as she puts her scholarly discoveries into action.

Dr. Rudisill has also been devoted to inclusion and the advancement of underrepresented minorities in kinesiology. She has been a supportive administrator and active participant in the Summer Bridge Program in the School of Kinesiology at Auburn. Because of those efforts, Dr. Rudisill was appointed chair of the American Kinesiology Association Diversity in Kinesiology Taskforce.
New Fellows

New Fellows Inducted

Uwe Pühse is Professor and Director in the Department of Sport, Exercise and Health at the University of Basel within the Faculty of Medicine.

Uwe Pühse’s record as a scholar is impressive. In the beginning of his academic career, his research was centered upon the social impact of sport and physical education. More recently, Pühse and his team focuses on physical activity and health, concentrating on psycho-social issues in educational and clinical settings. This focus attacks inactive lifestyles, increased stress and a poor work-life-balance in Switzerland and other countries by attempting to educate others about positive lifestyles and work environments.

Pühse has led numerous research projects. At present he is the PI of the Disease, Activity and Schoolchildren’s Health project in Port Elizabeth, South Africa, funded by the Swiss National Science Foundation. This is a three year joint research project between the University of Basel, the Swiss Tropical and Public Health Institute in Basel, and the Nelson Mandela Metropolitan University. The aim of the project is to assess the burden and distribution of communicable diseases and non-communicable chronic conditions among approximately 1,000 primary school-aged children in selected underprivileged schools in the townships near Port Elizabeth and to assess their effect on children’s physical fitness, cognitive performance and psychosocial health. Furthermore, the impact of key interventions, e.g. (1) physical education, (2) health and hygiene and education and (3) nutrition, on overall child health are being studied.

Pühse’ publication record includes 10 books; 4 edited books and nearly 200 refereed publications. His book, “International Comparison of Physical Education – Concepts, Problems, and Prospects” is a major international reference for comparative research in physical education. Pühse has been awarded over $1.1 million dollars in external research funding and one half million dollars internally at the University of Basel.

In summary, not only has Professor Uwe Pühse earned high accolades for his academic and professional contributions, but he is known as a scholar, professional leader and person of high character. He maintains high standards, a clear vision and sense of humility in relation to his many duties and achievements.
Taking Sides: The New Fellow Response
By George Cunningham, NAK 2016 New Fellow

Kathleen Williams e-mailed weeks ago to ask if I would provide the New Fellows response. My initial thought was, why me? If Kathy is like some others in my life, my administrative title led her to believe I had some extra time on my hands and was thus a logical choice. Whatever the reasoning, I was pleased she asked and gladly accepted.

Soon, a feeling of dread crept over me. What in the world was I going to discuss? I am thankful to be included in this prestigious organization, as are the other members of the class of 2016. Having said that, I gathered there was an expectation of more than 30 seconds of speaking.

Advice I usually give is to speak about what you know. I have published close to 190 peer-reviewed articles and book chapters and written several books; certainly, I should know something. Unfortunately, I have observed an inverse relationship between my productivity and things I know for sure. It seems the more I engage in research, the more confident I am that I actually know very little. My questions surely outpace my points of definitive knowledge.

I was able to identify one piece of knowledge—or, perhaps more appropriately, a belief—that has served me well for some time. This is the belief that we are our best selves when we serve others and seek the betterment of all, particularly those from underserved populations.

Let me elaborate by way of a short story. To borrow from my friend, Joshua Bienko, I have a handful of “top shelf” books or authors. To be in this category is high praise indeed: reserved for the best of the best. My “top shelf” includes remarkable authors, such as Marilynne Robinson, whose prose captivates and delights; masterful novels, such as Dostoevsky’s The Brothers Karamazov; Howard Zinn’s A People’s History of the United States, which is a book I think every American should read; and, finally, a book that is life transforming: Elie Wiesel’s Night. It is this last book that informs the rest of my talk.

In Night, Wiesel offers insights into the Holocaust and his experiences in various German concentration camps. Based on this and other works, as well as his tremendous advocacy for justice and peace, Wiesel received the Nobel Prize in 1986. In his acceptance speech, Wiesel reflected on the need for activism and for people to speak out on behalf of those in need.

He wrote, “I swore to never be silent whenever and wherever human beings endure suffering and humiliation. We must take sides. Neutrality helps the oppressor, never the victim. Silence encourages the tormentor, never the tormented.”

And that, I believe, is the lesson for humanity. It is the lesson for the professoriate. It is the lesson for our scholarship and for the National Academy of Kinesiology.

Sport, health, and physical activity are not available to all. Divisions exist based on race, gender, class, ability, religion, sexual orientation, and gender identity, among other diversity dimensions. They serve to separate the haves from the have-nots. They are promulgated by power differences and systems of dominance and oppression.
That is the bad news.

The good news is that we, as academic leaders, have the opportunity, in borrowing from Wiesel, to “take sides.” We can design sport systems and structures around principles of inclusion; we can engage in preventative efforts to ensure that all persons, irrespective of their background or beliefs, are able to lead healthy lives; we can theorize and promote inclusive sport pedagogy; and we can direct our research in ways that support diversity in our fields, among other activities.

To be sure, this is not a new call for most NAK members. Louis Harrison, Dave Wiggins, Diane Gill, and Maureen Smith are just some of the many members who have long fought for diversity and inclusion. The same can be said for members of the 2016 class.

But there is more to do. Wiesel wrote, “our lives no longer belong to us alone; they belong to all those who need us desperately.” Let us continue to advocate; let us never be silent; let us never be neutral. Let us continue to make sport and physical activity diverse and inclusive spaces for all those who need us desperately.
Hetherington Award Introduction Of James R. Morrow, Jr.

By Brad Cardinal, Fellow #475

Jim was inducted into the academy in 1992 as Fellow 341 and served as the organization’s secretary/treasurer from 1998 to 2000 and president from 2003 to 2004. During his career he has served in the United States Air Force, on the faculties of the University of Houston and the University of North Texas—where he is now a regents' professor emeritus—and in various roles such as visiting scientist, visiting professor, and guest researcher at the U.S. Olympic Training Center, University of Texas Health Science Center in Houston, the Cooper Institute, the Centers for Disease Control and Prevention, and the University of North Texas Health Science Center. Additionally, he has served as a department chair and an associate dean at North Texas.

His expertise is in research and evaluation methodology in kinesiology. He has chaired or co-chaired 10 master’s and 8 doctoral dissertation committees in this area. He is a “highly effective” teacher in his area of expertise and, perhaps not surprisingly, he has coauthored what is arguably the leading textbook in this area.

Overall he has published 10 books, 25 book chapters, approximately 125 peer-reviewed journal articles, various software and audiovisual materials, and many other documents, including local through national and international grants.

His work has been recognized in numerous ways, such as:

- 2012 Alliance Scholar,
- 2011 Measurement and Evaluation Council Lifetime Achievement Award,
- 2011 Research Consortium Distinguished Service Award, and
- 2011 President’s Council on Fitness, Sports, and Nutrition Science Board Honor Award.

And among other awards, honors, and recognitions, he is a three-time recipient of the Research Quarterly for Exercise and Sport Writing Award!

Speaking of which, Jim also served as editor in chief of Research Quarterly for Exercise and Sport and was the cofounding editor of the Journal of Physical Activity and Health along with Steve Blair.

The National Academy of Kinesiology’s motto is “Pass it on!” Those three words speak directly to the heart of Jim Morrow and what he has done—not only for our field, but for me personally.

Jim was editor in chief of Research Quarterly for Exercise and Sport when I submitted my first paper to the journal. I was a doctoral student at the time, and Jim went out of his way to help me shape the paper into my first ever Research Quarterly for Exercise and Sport publication. He was thoughtful, challenging, and constructive with his feedback. There was a gentleness and sense of optimism to the “revise and resubmit” response he sent me, which truly left me feeling impressed and inspired.

Then he attended my first ever free-communication presentation at a national convention. He asked me an appropriate and challenging question during the question-and-answer portion. Jim earned my admiration and respect through this entire process, and I owe him a debt of gratitude for his mentorship.

It is a true honor for me to have the chance to publicly thank him and to help honor him here tonight in front of this most...
esteemed body. In doing so, I am also aware that he has influenced many other people in this room tonight as a teacher, a mentor, a coauthor, an editor, a leader, or a professional servant. Can all those who he has worked with or influenced in one of these or related capacities please stand and remain standing?

Take a moment to look around. That is amazing! And this is a mere fraction of Jim’s impact on the field.

---

**Hetherington Award Nomination deadline - February 1, 2017**

E-mail nominations (current CV of the nominee and letter of support summarizing the nominee’s contributions to the field) to Alison Wrynn: awrynn@calstate.edu

The Hetherington Award was established in honor of Clark W. Hetherington to provide recognition for an academy fellow’s service to NAK and for contributions specifically related to the purposes of the academy. Any academy fellow (active or emeritus) who has retired from his or her professional position is eligible for this award; this includes any fellow who has retired from his or her full-time appointment or job but who is still working part time or in an interim position.

[Hetherington Nomination Form](http://example.com)
[List of Hetherington Award Winners](http://example.com)
Hetherington Award Acceptance Speech

By James R. (Jim) Morrow, Jr., 2016 Hetherington Award Recipient

I am honored to be counted among the 60 individuals who have received NAK's Clark W. Hetherington Award since 1956. When I look at the list of previous recipients I am humbled and question whether the selection committee possibly made a Type I error this year. I am thankful for the many individuals who have given me hope during my 40-year professional career and for those who preceded that academic experience. Consider what life would be like if one had no hope—no hope of promotion and tenure, no hope of your paper being accepted, or no hope of your grant proposal being reviewed, let alone awarded. Hope is a great deal like faith. “Faith is confidence in what we hope for and assurance about what we do not see” (Heb. 11:1). Many people have provided me with hope throughout my life. My parents were farmers from western Pennsylvania who modeled lives of faith and a work ethic. Both of these characteristics have guided my life. My siblings and I attended the Laboratory School at Slippery Rock State Teachers College in the 1950s. We were exposed to student teachers (particularly physical education teachers) often while in the Lab School. In high school, my basketball coach, Ken Geralds, worked often with me to make me a better player, to give me hope (Helping Others Practice Excellence). I found it as important to give hope to others (assists on the basketball court and throughout life) as it was to receive hope. My undergraduate advisor, Dr. Pat Howe at the University of West Florida, modeled professional expertise and instilled that hope in her students. While in the United States Air Force, I met Dr. Dale Mood of the University of Colorado. Dale is a wise, wise man to whom I owe a great deal of gratitude for my 40-year professional career. At the University of Houston and University of North Texas, I had many influential colleagues who provided me with hope. Foremost among those are Tony Jackson, Jim Pivarnik, Allen Jackson, and Jerry Thomas. The Cooper Institute and FITNESSGRAM experiences resulted in significant mentors (Steve Blair, Ken Cooper, Greg Welk, Kirk Cureton, Chuck Corbin, Sharon Plowman, and others). My measurement and evaluation colleagues have been excellent teachers (Jo Safrit, Weimo Zhu, Minsoo Kang, Jimmy Disch, Ted Baumgartner, and many others). My faculty colleagues and collaborators have provided me with hope throughout my career, and it is my prayer that I provided them with hope as we worked collaboratively. I know that my students made me a better professional and provided me with hope. I trust that I gave them hope. I am nearly as proud of my academic children (Matt, Janet, Molly, Tom, Stanley, Heather, Danielle, Ron, and many others) as I am of our biological children.

I give this advice to my students during the last day of class: Life is about having choices. To make choices, I tell them, you have to gather data. My students learned much about Type I and Type II errors. I encouraged them to continue to gather data and make good decisions. They must,
however, realize that with all decisions, one runs the risk of a Type I or Type II error. Be willing to acknowledge that you might be wrong. Be willing to entertain different positions and test different hypotheses. This makes you a better person and gives you hope for greater success. A Pueblo saying is, “The Creator gives no one all of the answers.” Be wary of those who “know all of the answers.”

I have had the best job in the world. Working with bright colleagues and students is challenging and rewarding. I acknowledge all of them and my wife of 45 years, Melba, who give me hope. My children give me hope. I am thankful for the blessings I have received. I acknowledge all of the people who have had an impact on my life. My career, however impactful it might have been, is a direct result of their mentoring influence. I am grateful to all of them. I trust that we all can “Pass it on.”

*These brief comments summarize Morrow’s oral presentation at the annual NAK meeting in Albuquerque in October 2016.
Federal Government Has Begun the Process of Updating the Physical Activity for Americans Guidelines

By Kathleen Janz

Have you ever wondered where the evidence comes from for the federal initiatives and programs designed to increase physical activity levels? For example, how do Let’s Move! Active Schools, Joining Forces Fitness Initiative, President’s Challenge, and #0to60 Campaign set the bar for how much and what kind of physical activity to promote? Invariably the bar is set using the 2008 Physical Activity Guidelines for Americans. This report recommends levels and types of physical activity throughout the lifespan and, as such, provides kinesiology professionals and public health policymakers a science-based resource on dose of activity to promote health and reduce the risk of chronic disease. The guidelines also serve as the primary recommendation by the federal government on health-related physical activity; therefore, their importance parallels the Dietary Guidelines for Americans. Currently, the U.S. Department of Health and Human Services (HHS) Office of Disease Prevention and Health Promotion (ODPHP)—in conjunction with the Centers of Disease Control and Prevention, National Institutes of Health, and President’s Council on Fitness, Sports & Nutrition—is gathering the evidence to update the guidelines via a second edition expected to be released in 2018. Expect the second edition to add new information on sedentary behavior, activity for individuals with chronic disease, and the effects of activity on brain health. Currently 17 physical activity and health researchers are serving on the Physical Activity Guidelines Advisory Committee. This committee is charged with reviewing the research evidence and writing the background report used by HHS to write the 2018 guidelines. National Academy of Kinesiology members Russell Pate (Fellow 310) and Kathy Janz (Fellow 506) are on the committee. To learn more about the process or to submit comments, visit https://health.gov/paguidelines/second-edition. Public comment is welcome throughout the development process. Webinars of meetings and updates are also available.

NAK Call for Officer Nominations

We will elect two new Academy officers in 2017: a president-elect and member-at-large. The criteria for those offices are as follows:

**President-elect**: Active Fellow, 4 years membership in the Academy (Fellow number 523 or below, elected in 2012 or earlier)

**Member-at-Large**: Active Fellow, 1 year membership in the Academy (Fellow number 555 or below, elected in the year 2015 or earlier)

**Other Eligibility Rules**

1. Any Fellow currently holding office is eligible for nomination for the same or another office only during his/her final year in office.

2. Two Fellows from the same institution may not be placed on the ballot for the same office.

3. Nominations may be made by all Fellows, but only Active Fellows are eligible for office.

**Send nominations by February 1, 2017, to:**

Brad Hatfield, PhD
University of Maryland
Department of Kinesiology
2351 SPH Building
College Park, MD 20742-2611
Tel: 301-405-2485
Email: bhatfiel@umd.edu
Congratulations to **Bob Malina** (Fellow #287) for being selected as the recipient of the 2015 Science Honor Award from the President’s Council on Fitness Sports & Nutrition Science Board. Bob was honored for his contributions to the fields of physical activity, sports, nutrition, and fitness. His work, over the course of his career, has provided seminal contributions to exercise science in growth, maturation, and physical performance; physical activity and child health; motor development; nutritional aspects of growth and performance; youth sports and coaching; and women in sport. The Science Honor Award is given to an academic or research professional who has significantly contributed to the advancement and promotion of the sciences of physical activity, nutrition, or both, in addition to being an advocate of the mission of the council.

**Damon Andrew** (Fellow #546) will be receiving the 2017 Distinguished Scholar Award from the National Association for Kinesiology in Higher Education (NAKHE) on January 7 at their annual conference in Orlando. These prestigious awards are given each year at the NAKHE conference to honor and celebrate individuals who have dedicated their professional lives to the disciplines of kinesiology, physical education, and higher education.

**Brad Cardinal** (Fellow #475) was a keynote speaker at the 2016 Conference on Active Aging, Quality of Life, and Physical Activity as Medicine. This international conference, presented by the Society of Chinese Scholars on Exercise Physiology and Fitness, was held in Hong Kong in July of 2016. Additionally, in the September 2016 issue of *Online Psychology Degrees*, the resident-based graduate program in sport and exercise psychology that Brad codirects at Oregon State University was ranked ninth in the nation.

**Jeffrey Martin** (Fellow #500) is finishing a five-year term as the founding editor of *Sport, Exercise, and Performance Psychology* (the official journal of American Psychological Association Division 47). He has also undertaken the responsibilities of editor of *Adapted Physical Activity Quarterly*, although he does not officially start until 2017.

*Continue on Page 21*
Congratulations to **Barbara Drinkwater** (Fellow #268) on the celebration of her 90th birthday on November 18, 2016. Barbara became an NAK fellow in 1980. She holds the distinct honor of “breaking the ACSM glass ceiling” by presiding as the first female president in 1987-1988. We wish her the very best and a low round of golf in her next decade!

As of July 1, 2016, **Kathleen Martin-Ginis** (International) has taken a new position as a professor in the School of Health and Exercise Sciences at the University of British Columbia. Kathleen is also principal investigator for ICORD (International Collaboration on Repair Discoveries), chair and principal investigator for the Canadian Disability Participation Project, and founder and director of SCI Action Canada.

**Ira Jacobs** (International) was recently inducted as a fellow of the Canadian Academy of Health Sciences (CAHS). CAHS is one of the three national scientific academies that make up the Canadian Academies of Science, which was created by government legislation and operates at arm’s length from the federal government. Considered one of Canada’s most esteemed academic academies, CAHS provides assessments and recommendations on issues affecting the health of Canadians, based on evidence reviews and leading expert opinion.

**Scott Kretchmar** (Fellow #330), professor emeritus, was the recipient of the 2016 Pauline Schmitt Russell Distinguished Research Career Award from the College of Health and Human Development at Penn State. He will be delivering the award lecture during the fall 2017 semester.

**Matthew Mahar** (Fellow #521) has accepted the position of director of the School of Exercise and Nutritional Sciences at San Diego State University.

*Continue on Page 22*
At the beginning of this academic year, **David Anderson** (Fellow #515) was appointed director of the Marian Wright Edelman Institute for the Study of Children, Youth and Families at San Francisco State University. The institute is committed to outreach, advocacy, and research related to the ever-changing needs of children, youth, and families.

University of Massachusetts professor **Patty Freedson** (Fellow #368) recently received her Michigan letterman’s jacket, 42 years after she earned it. Freedson played tennis at Michigan during the 1970s, a time when letterman jackets were not awarded to female athletes. In an act of righting a wrong, the school has awarded jackets to any female who competed at Michigan from 1973 through 1991.

**Update from Herbert Haag (International):**

After becoming a professor emeritus I enjoy very much to continue in teaching and research on a voluntary base. It helps that I can continue to keep, according to German university law, my office. Two publications related to culture and society from a social, psychological, and philosophical point of view were published recently:


More quality, less quantity.

I still hope to be able to attend one of our yearly conferences of NAK. In the meantime, I remain with many good memories on my time as student of physical education in USA (Seattle 1964-1966) and on several guest professorships in USA in the year later.

With many greetings from Germany and the wish for a good future of the USA.
NAK Memorializes the Passing of Five Fellows

In the past year, the NAK community has lost five of its highly valued fellows:

Ann Gentile (Fellow 270)
Richard Gay Israel (Fellow 364)
Richard Schmidt (Fellow 352)
Wayne Sinning (Fellow 255)
Mel Williams (Fellow 300)

All made significant contributions in moving the field of physical education and kinesiology forward.

The entire NAK community extends our collective condolences to the families and colleagues of these five prominent scholars and professionals. They will not be forgotten.
Executive Committee 2016-2017

**President**
Debra Rose, PhD  
California State University, Fullerton  
Dept. of Kinesiology  
800 N. State College Blvd.  
Fullerton, CA 92834  
Phone: 657-278-5846  
Email: drose@fullerton.edu

**Past President**
Karl Newell, PhD  
University of Georgia  
College of Education  
G10 Anderhold Hall  
Athens, GA 30602  
Phone: 706-542-4558  
Email: kmn1@uga.edu

**President-Elect**
Brad Hatfield, PhD  
University of Maryland  
Dept. of Kinesiology  
Room 2341 SPH Bldg.  
College Park, MD 20742  
Phone: 301-405-2485  
Email: bhatfiel@umd.edu

**Secretary/Treasurer**
Jill Whitall  
University of Maryland  
Dept. of Physical Therapy and  
Rehabilitation Science  
100 Penn Street  
Baltimore, MD 21201  
Phone: 410-706-0764  
Email: jwhitall@som.umaryland.edu

**Senior Member-at-Large**
Hans van der Mars, PhD  
Arizona State University  
Dept. of Secondary and Physical  
Education  
72741 E. Sonoran Arrayo Mall  
330-S Santa Catalina Hall  
Mesa, AZ 85212  
Phone: 480-727-1653  
Email: vandermars@asu.edu

**Junior Member-at-Large**
Kathleen Janz, PhD  
University of Iowa  
Dept. of Health and Human Physiology  
130 Field House  
Iowa City, IA 52242  
Email: kathleen-janz@uiowa.edu

**Business Manager**
Kim Scott  
P.O. Box 5076  
Champaign, IL 61825-5076  
Phone: 217-403-7545  
Fax: 217-351-2674  
Email: kims@hkusa.com